

AppleBAK

Nutrition Facts Serving Size 1 Bar (1.2 oz), Servings Per Container 1,
 Amount Per Serving: **Calories 140**, Calories from Fat 35, **Total Fat 4g** (6% DV), Saturated
 Fat 1.5g (8% DV), Trans Fat 0g, **Cholesterol 0g** (0% DV), Sodium 85mg (4% DV), **Total
 Carbohydrate 24g** (8% DV), Dietary Fiber 1g (4% DV), Sugars 9g, **Protein 2g**, Vitamin A
 (0% DV), Vitamin C (10% DV), Calcium (0% DV), Iron (4% DV). *Percent Daily Values (DV)
 are based on a 2,000 calorie diet.

0377 0583

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Ingredients: Enriched Wheat Flour (Bleached Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Sugar,
 Oatmeal, High Fructose Corn Syrup, Whole Wheat Flour, Corn Syrup, Palm Oil, Raisin Paste, Canola Oil, Applesauce (Apples,
 Ascorbic Acid), Eggs, Soy Lecithin, Molasses, Cinnamon, Natural Flavors (Contains Milk), Salt, Potassium Sorbate (Preservative),
 Sodium Ascorbate (Vitamin C)

CONTAINS: WHEAT, SOY, MILK & EGGS

ALL NATURAL
 INGREDIENTS

Appleways
 Sweetened by apples

APPLE
 SOFT OATMEAL BAR

BB:
 06/14/11
 13350

NET WT 1.20Z (34g)